

spexCarding Guide for Athletes

Eligibility

The athlete's eligibility for *spexCarding*:

- i. Either "Singapore citizens", or "Foreign Sports Talents (FSTs) who are Employment Pass (EP) holders or Permanent Residents (PR)". (For Team sports that permit foreign athlete representation, non-Singapore citizens may also apply. A quota of 1.5 times the total number of foreign athletes eligible to compete under the relevant International Federation rules will apply).
- ii. Has an athlete profile in SportSync
- iii. Has an annual training and competition plan (YPI) including key performance indicators (KPIs) in SportSync and with an identified primary coach
- iv. Accepts and adheres to the "*spexCarding Athlete Agreement*". (Tripartite Agreement between NSA/Athlete/SportSG).
- v. Accepts and adheres to the "*Sport-Specific Agreement*" between Athlete/NSA.
- vi. Has an athlete's performance profile i.e. at least 3 data points, to judge the level of carding rather than a single data point.

Important:

The health and wellbeing of athletes are paramount. Hence, in addition to spexMEDIC and the Sports Medicine coverage by SportSG, it is critical that:

- Athletes take ownership of their personal health and wellbeing as they pursue their High Performance Sport development; Athletes must ensure that they are in optimal physical condition and have personal insurance coverage;
- NSAs safeguard the health and wellbeing of their athletes, which includes providing adequate and appropriate medical insurance coverage as their athletes undergo training and represent Singapore in competitions.

If an athlete has any medical conditions that may impede his/her training or competition, please inform the screening physician on the day of the scheduled medical screening appointment

Carding Framework

	Basic Carding	Enhanced Carding	spexScholarship and spexPotential
	<p>Sports/disciplines <u>not</u> in the Major Games (next 1-4 yrs), or that do not qualify.</p> <p>Note: Non-carded athletes selected for Major Games may apply for Temporary Carding, subjected to approval</p>	<p>Sports/disciplines in Major Games. Athletes/teams not in Major Games but qualify for E1, E1P and E2.</p>	<p>Additional Major Games criteria applies.</p>
Senior	<p>B4/BT4</p> <p>Athletes/teams selected by the NSA to represent TS at an internationally sanctioned event in the next 1-2 years.</p>	<p>E1/ET1 (Top 8 placing at World level) (Top 8 WR at end season/year).</p> <p>E1P/ET1P (Potential Top 8 World within 4 yrs) (Top 25% where <32)</p>	<p>S1 (Top 8 in World) (Top 25% where <32).</p> <p>S1P (Potential Top 8 in World, ≤ 4 yrs) (Top 25% where <32)</p>
		<p>E2/ET2 (Top 6 placing at Asian level) (Top 6 AR at end season/year).</p> <p>E2P/ET2P (Potential Top 6 Asia within 4 yrs) (Top 25% where <24)</p>	<p>S2 (Top 3 in Asia) (Top 10% where <30).</p> <p>S2P (Potential Top 3 in Asia ≤4 yrs) (Top 10% where <30)</p>
		<p>E3/ET3 (Top 3 placing at SEA level) (Top 3 SEAR at end of season/year)</p> <p>E3P/ET3P (Potential Top 3 SEA within 2 yrs) (Top 50% where <6)</p>	<p>S3 (Potential Top 3 Asia in >4 yrs)</p>
		<p>E3/ET3 (Top 3 placing at SEA level) (Top 3 SEAR at end of season/year)</p> <p>E3P/ET3P (Potential Top 3 SEA within 2 yrs) (Top 50% where <6)</p>	<p>SP3 (Potential Gold medal in SEA in ≤2 years)</p> <p>SP3P (Potential Gold medal in SEA in ≤4 years)</p>
Youth	<p>Athletes who are competing mainly in youth / junior events.</p>	<p>Y+/YT+ (Potential to be top 8 in the World Junior/Youth Championships within 2 years Or potential to be top 6 in the Asian Junior/Youth Championships within 2 years. Athletes must be competing in a sport which regularly features in one of the four senior major games (<i>Olympic Games, Asian Games, Commonwealth Games or SEA Games or para equivalents</i>))</p>	-
		<p>Y/YT (Supporting Enhanced Carding) Major Games potential within 4 yrs)</p>	

Levels of Support

Carding Level	<i>spex</i> TAG	<i>spex</i> GLOW	<i>spex</i> MEDIC	NS Privileges	Sport Science Support
E1 E1P	\$6,000 (individual) \$60,000 (team)	Up to \$3000 per month	Insurance with a capped amount (\$8,000) per injury and limited time period coverage.	Eligible for Full Pay Unrecorded Leave (FPUL), Training Leave (TL) and Training Leave (Extended) (TLE), subject to prevailing MINDEF policies.	Full support – SSI/NSA
E2 E2P	\$4,800 (individual) \$48,000 (team)	Up to \$3000 per month	Sports Medicine Consultation		
E3 E3P	\$2,400 (individual) \$24,000 (team)	Up to \$3000 per month	Physiotherapy support		Basic with limited overseas support when necessary – SSI/NSA
B4	-	-			Basic - SSI
Y+	\$1,200 (individual) \$12,000 (team)	-			Individual support – NYSI/NSA
Y	-	-			Programme based support – NYSI

Contacts for Assistance

For any other queries/clarifications on the carding support and framework, athletes can contact their respective National Sport Association as the first point of contact.